**Doctors for Doctors (D4D) Workshop**

**Saturday, 2nd November 2019**

**Time: 8:00am – 4:00pm**

**Venue: AMPHEaT Room, Venue@313, 313 Payneham Road, Royston Park**



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| 8:00 | REGISTRATION – COFFEE |  |
| 08:30 | **Introduction and Learning Outcomes** * Learning Outcomes
* Introductions – who, where, why?
 | **Dr Roger Sexton**General Practitioner |
| 08.40 | **Overview of doctors’ health** * SA evaluation of doctors’ health
* SA and NT doctors’ health programs
* DHSA strategy – *New program activities for 2020*
* National developments

**Help-seeking behaviour of doctors** * What doctors do
* Formal, informal and blended care
* Examples

**Barriers to doctors seeking formal health care** * Culture of medicine
* What are the barriers?
* What can we do about them?
* Special case of rural doctors and IMGs
 | **Dr Roger Sexton** |
| 09:15 | **Doctors and medical students with anxiety*** Anxiety and burnout
* Clinical assessment
 | **TBA** **Psychiatrist** |
| 10:15 | **MORNING TEA** |  |
| 10.30 | **Mandatory Notification and Medicolegal matters*** The current law
* Notification obligations -whose call is it?
* What happens to us when AHPRA calls?
* Over 70s health checks
 | **TBA** |
| 11:30 | **Health of International Medical Graduates*** What are the issues revealed in this case?
* What cultural barriers exist?
* How do we manage such a case?
* Medical Board issues for IMGs
 | **TBA** |
| 12:30 | **LUNCH and “Walk the Doc”** |  |
| 13:20 | **Doctors treating other doctors** * The difficult consultation
* The 6 Ss and the 4 Ts
* What is often left out of the consultation
* Specific issues for the treating doctor
 | **Dr Roger Sexton** |
| 14:20 | **The ageing doctor: cognitive impairment*** How to assess
* Screening tools
* Clinical management of ageing colleagues
 | **TBA** |
| 15:20 | AFTERNOON TEA |  |
| 15:30 | **Elements of the evidence-based check-up** * What is recommended?
* 25-year-olds, 45-year-olds
* What isn’t?
 | **TBA** |
| 15:55 | **Details about joining the Doctors for Doctors Network** **Summary and Evaluations**  | **Kiara Cannizzaro – Program Manager (DHSA)****Dr Roger Sexton** |
| 16:00 | **Finish** |  |

**Duration: 360 minutes**

**Learning Outcomes for D4D Workshop:**

1. Discuss strategies to optimise the doctor-doctor consultation
2. Acquire a framework for the assessment of the IMG doctor-patient
3. Explain the approach to the clinical assessment of the cognitively impaired older doctor
4. Identify the different approaches to assessing the anxious doctor
5. Outline the current obligations under the current mandatory notification laws

**Target group**:

Experienced urban and rural GPs who have an interest in improving their own health and those doctors interested in the health of their colleagues and wanting to improve their skill in treating other doctors.

**CPD points:**

The program offers 6 hours of adult learning with a mixed format of adult learning methods and attracts

* **30 ACRRM PDP** and
* **40 RACGP Cat 1 points** and
* **5 MIGA** Risk Management Program points.

**Pre-activity:**

Reading: beyondblue *Mental Health of Doctors: Executive summary* and Beyond Blue *Healthy Workplaces*

**Post activity:**

Five questions relating to the content of the seminar.